

Recommended Buffalo Public Schools
 Grades 9-12 Daily Schedule

SCHEDULES WILL NEED TO BE COMPLETED BASED ON YOUR CURRENT COURSE SCHEDULE

Recommended Time Allotment	Monday	Tuesday	Wednesday	Thursday	Friday
8:00-8:45 am (30 mins)	<u>Healthy Start</u> Eat breakfast and discuss plans for the day. Begin your mornings with stretches, yoga, or indoor exercise.				
8:45-9:45 am (60 mins)	<u>ELA</u> Module work, Vocabulary, Independent Readings, Writing Activities, Research Projects, ELA Regents Practice Questions, Castle Learning, Reading Logs, and Journaling				
9:45-10:45 am (60 mins)	<u>Math</u> Math Modules, Finish Line Workbook, Prodigy Math, Sprints, Khan Academy, Castle Learning, Released Regents Math Questions				
10:45 -11:30 pm (45 mins)	<u>Science</u> _Subject Specific Assignments, Reference Table Activities, Simulated Lab Activities, NYS Science Standards Game Links, Scholastic Book, Khan Academy, Castle Learning, Released Regents Science Questions, and PBS Nova Science				
11:30-12:00 am (30 mins)	<u>Lunch</u>				
12:00 – 12:45 pm (45 mins)	<u>Social Studies</u> Social Studies Lessons (Themes vary by Grade level), CSpan Resources, econdlink, New Visions Assignments, Interactive Virtual Field Trips, Castle Learning, and Released Regents Social Studies Questions				
12:45 – 2:15 pm	<u>CTE, Credit Recovery & Accrual Courses,</u> <u>Elective Courses: Art, Music, and World Language</u> CTE: Business Assignments, CFM, CTE Vocational Courses Art Lesson, Music Lessons, Virtual Field Trips, Instrument/Music Practice World Language: Realidades and Santillana lessons, Release exam questions, vocabulary translation Gradpoint Courses				
12:45-1:15 pm (30 mins)	Course 1				
1:15 – 1:45 pm (30 mins)	Course 2				
1:45 – 2:15 pm (30 mins)	Course 3				
2:15 – 2:45 pm (30 mins)	<u>Physical Education / Health Education</u> exercise log Health assignments – assigned by individual teachers				
2:45 -3:00 pm (15 mins)	<u>Organization / Reflection / Snack</u> Conclude each day with a wrap-up routine: Organize all printed assignments by subject. Make note of where you left off today. Review the day’s activities and preview what learning is yet to come and complete your daily journal activity. Have a healthy snack.				