## Project AWARE

(Advancing Wellness and Resiliency in Education)







### **The Education Bargain with Students and Parents**

An equal and high-quality education is every child's civil right; and, as educators, we must deliver on this essential democratic principle. The New Education Bargain is simple: The District will guarantee pathways to opportunity that will lead to achievement and success in exchange for hard work, commitment, and collaboration of our students and parents.



#### IT IS THE PARENT'S RESPONSIBILITY TO:

- · Place a high premium on education
- Make sure your child goes to school and to all classes every day
- Make sure your child does his in-school work to the best of his ability and puts in additional study time (up to two hours each day) outside of school hours
- Make sure you and your child show respect for teachers and for staff



### Thank you for the Opportunity!



What are some ways that you keep yourself physically healthy?

### Thank you for the Opportunity!



What are some ways that you keep yourself mentally healthy?

# Project AWARE (Advancing Wellness & Resiliency in Education) Grant Goals

- Training
- Increase screening, referral and connection to services
- Parent, Family & Community Engagement
- Sustainability



#### **Project AWARE Mission Statement:**

 Burgard Career and Technical Education High School will provide youth-empowered and family-guided, culturally competent coping strategies and comprehensive supports that will promote resiliency, enrich social-emotional health and well-being, which will ensure college and career readiness for all students. The mental health initiatives will serve the students, staff, families of the school community by increasing awareness of mental health issues; providing training to detect and respond to mental health issues; connecting those who may have behavioral health issues to needed services, and establishing community partnerships to prevent violence and promote healthy development.





## Back to School Drive

- Support to Students & Families
- Distribute supplies & information
- Awareness of Available
   Services
- Parent Portal Sign up



## **Project AWARE (Advancing Wellness & Resiliency in Education) Grant Goals**

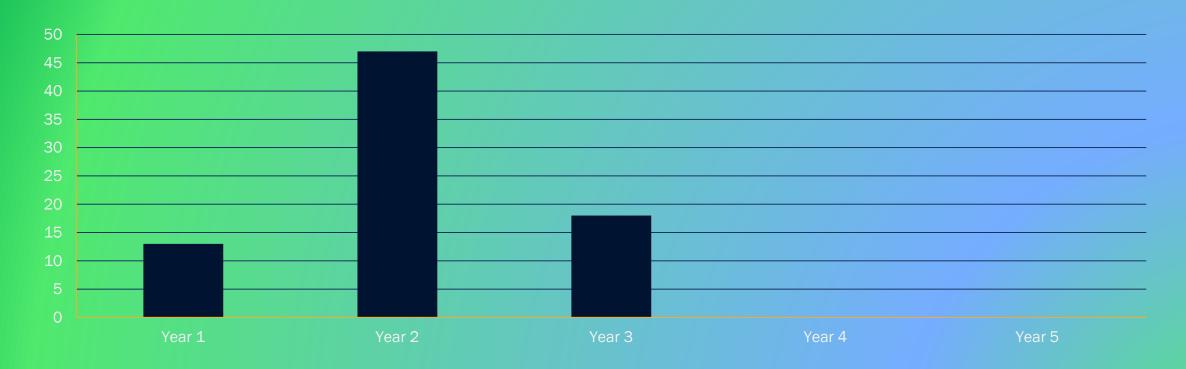
MTSS/PBIS Support





### Training - Mental Health First Aide





























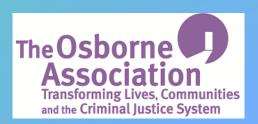


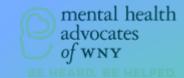


BREAKING

A BOYS AND YOUNG MEN OF COLOR INITIATIVE







best self

BEHAVIORAL HEALTH











In the News!

#### Compeer Mental Health training



https://www.wkbw.com/am-buffalo/compeer-mental-health-training

### Sustainability

TOT

June 15th\_ 17th

**Trainings** 

Mental Health Center

National Council for Behavioral Health

16- District Trained Employees, Parent, Student Rep

MHFA- Youth

MH Awareness

Mental Health First Aide- Youth
Mental Health First Aide- Adult
Teen Mental Health

Mindfulness Room
Parent Center
Counseling Suite

### Mindfulness/ Prevention/Respite Room

Students inspired, students will name it



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Students inspired, students will name it









### Mental Health & Wellness Day- May 26th

- Dr. Sawyer is a clinical psychologist specializing in race-based stress and trauma, mindfulness, and compassion.
- Peer to Peer Presentation from BPS Students- MHAWNY
- Physical Activities, Healthy Eating & More





#### BPS Crisis Prevention and Response Team











Aundrea Sanders Supervisor

Jaqueta Abraham Central Zone

Lisa Benedetto North Zone

Jillian Miller East Zone

Monica Sardo South Zone

Currently there is a vacancy for West Zone – the schools have been divided amongst the team members for seamless coverage

A critical component of all of student success is equipping families with the tools for making decisions at what best fits the needs of the child(ren) and family.

#### **Staff Training**

Staff Training

C-SSRS (Columbia Suicide Severity Rating School for Schools)

Mental Health

Postvention Best Practices

Self-Care & Vicarious Trauma

Suicide Safety for School Staff

#### **Student Lessons**

Internet Safety

Child Abuse/Abduction Prevention

Coping Skills/Non-Suicidal Self-Injury

Mental Health

More Than Sad

### Student Lessons

Parent & Caregiver Presentations

#### **Parent & Caregiver Presentations**

Coping Skills/Non-Suicidal Self-Injury

Mental Health

More Than Sad

Internet Safety

Child Abuse/Abduction Prevention

Self-Care

#### SUICIDE SAFETY FOR SCHOOL STAFF

#### Youth Suicide Intervention for Staff

<u>Definition</u>: a suicide threat is a verbal or non-verbal communication that an *individual intends* to harm him/herself with the intention to die but has not yet acted on the behavior.

- The staff member who learns of the threat will <u>immediately</u> contact the Administrator/Designee and Student Support Team (SST) via email or telephone.
  - a. Notify Administrator <u>and</u> SST by email indicating "URGENT/CRISIS MATTER" in the subject line. <u>Making contact with</u> the designee is ESSENTIAL; if a response is not received within 30 minutes, try again.
    - i. Your administrator(s) are: (consider contact info email and phone number):
    - ii. Your building's SST includes:
      - Social Worker(s) (consider contact info email and phone number)
      - School Psychologist (consider contact info email and phone number)
      - 3. School Counselor(s) (consider contact info email and phone number)
- Staff member will provide all information to support staff.
  - a. What was stated, written or observed.
  - b. Contact information that may not be in IC.
- Administrator/Designee and Student Support Team (SST) will assume primary responsibility from that point forward.

#### Should Teacher/Staff learn of a suicide threat outside school hours:

- If you feel the student is in IMMEDIATE danger, call 911 IMMEDIATELY
- 2. The staff member who learns of the threat will immediately contact the Administrator/Designee and Student Support Team (SST) via email or telephone. Follow the procedure as stated in 1.a, 2. a-b
- The staff member will reach out <u>directly</u> to the parent and/or student and should provide the following resources for direct community support. Please use language line if there is a language barrier.
   \*\* Language Line 1-877-245-0386 Client ID 572056 Access code 7624
  - If unable to reach a parent, contact law enforcement to conduct welfare check.
- Administrator/Designee and Student Support Team (SST) are expected to resume protocol and follow up on next school day.

#### DURING SCHOOL HOURS

<u>DIRECT</u>- The student selfreports or discloses to you

Maintain adult supervision at all times. DO NOT leave them alone

- Express concern
- Let student know that you would like to understand
- Listen
- Express the need for more help
- Stay with student

Contact Admin/designee and give all relevant information

SST/designee will evaluate current level of risk using Columbia Suicide Severity Rating Scale (CSSR-S) and contact parents/guardian

Based on results of CSSR-S, follow up with assigned Crisis Prevention & Response Coordinator if necessary <u>INDIRECT</u>- Another student reports, written documentation, social media, <u>art work</u>

If another student reports -thank them for reporting the concern and reassure them that we will take the appropriate measures. If written/social media/art proceed with the next step

Contact Admin/designee and give all relevant information

SST/designee will evaluate current level of risk using CSSR-S. Parent contact should be made for both the student that made the threat and the student that reported the threat

Based on results of CSSR-S, follow up with assigned Crisis Prevention & Response Coordinator if necessary

#### OUTSIDE OF SCHOOL HOURS

School activity or event

Immediately contact Admin/designee administrator and report all necessary information

Admin/designee will isolate student and contact parent/guardian

When the student returns to school, SST/designee will evaluate current level of risk using CSSR-S, link student with in-house interventions, follow up with parent/guardian regarding community resources, and develop school-based safety plan

Based on results of assessment, follow up with assigned Crisis Prevention & Response Coordinator for consultation if necessary Not during a school activity or event (Call from a concerned parent, social media post)

Immediately contact an administrator and/or, in case of an immediate threat call 9-1-1

When the student returns to school, SST/designee will meet with student and link him/her with inhouse interventions, follow up with parent/guardian regarding community resources, develop school-based safety plan, and evaluate current level of risk using CSSR-S if necessary

Based on results of assessment, follow up with assigned Crisis Prevention & Response Coordinator for consultation if necessary

IN ALL INSTANCES, A REQUEST FOR ASSISTANCE SHOULD BE COMPLETED